

Ecuador



PACKING LIST

MUST-HAVES

- Passport** and one printed copy to be kept separately.
- Travel insurance.** It is not mandatory to enter Ecuador, but it can come in handy.
- Health insurance** information, again it is not mandatory but you should have it in case of an emergency.
- Credit or debit cards.** It is important to let your bank know that you will be traveling internationally and the locations you will visit. This way you have no issues using them while traveling.
- Personal medications.** This is so important to remember so that you can feel your best to experience the amazing highlights of your trip!
- Cash in US dollars.** When making small purchases or tipping, it is widely accepted in cash. It is also best to have small denominations. Many small stores or smaller local restaurants will not accept bills of higher value because they will be unable to make change.

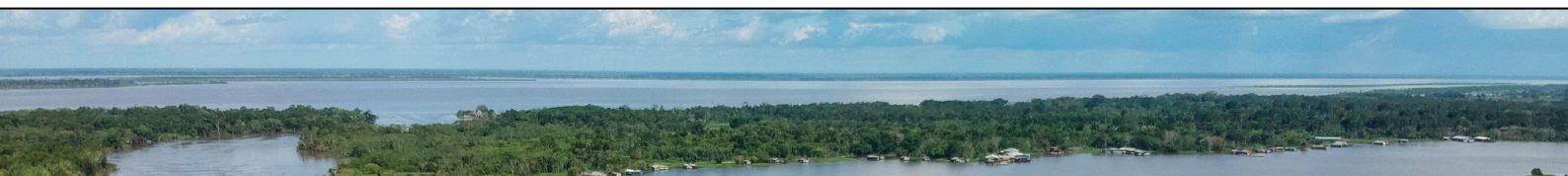
TRAVEL ACCESSORIES

- | | | |
|--|---|---|
| <input type="checkbox"/> Reusable Water Bottle | <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Headlamp or flashlight |
| <input type="checkbox"/> Travel towel | <input type="checkbox"/> Daypack | <input type="checkbox"/> First-aid kit |
| <input type="checkbox"/> Binoculars | <input type="checkbox"/> Insect Repellent | <input type="checkbox"/> Camera with extra batteries and memory cards |
| <input type="checkbox"/> Portable charger | <input type="checkbox"/> Guidebook or Journal | <input type="checkbox"/> Zoom lens for the camera |

PACKING CLOTHES FOR ECUADOR AMAZON

When planning to visit the extended Ecuadorian Amazon Region, you need to pack strategically for your jungle expedition. As you immerse yourself in the pristine rainforest and encounter extraordinary wildlife, being well-prepared is crucial.

- | | |
|---|---|
| <input type="checkbox"/> Lightweight rain jacket and waterproof pants | <input type="checkbox"/> Long-sleeved shirts and pants |
| <input type="checkbox"/> Swimsuit | <input type="checkbox"/> Sandals or water shoes |
| <input type="checkbox"/> Hiking shoes or boots | <input type="checkbox"/> Lightweight, quick-drying shirts and pants |
| <input type="checkbox"/> Wide-brimmed hat and sunglasses | |



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PACKING LIST

PACKING LIST FOR THE ANDES REGION

The Andes boast diverse landscapes, ranging from high-altitude mountain peaks to lush valleys; therefore, versatility in your clothing selection is crucial. From cozy warm layers to shield you from the chilly mountain air to sturdy footwear for exciting hiking adventures.

- Hiking shoes or boots
- Lightweight, moisture-wicking shirts and pants
- Scraft and Gloves
- Waterproof jacket or poncho
- Thermal sweaters or jackets
- Wide-brimmed hat and sunglasses

PACKING LIST FOR THE ANDES REGION

From the bustling port city of Guayaquil to the serene beaches of Salinas and Montañita, each coastal town offers its unique charm and allure. Embrace the sun, savor coastal delights, and create cherished memories in this enchanting region of Ecuador.

- Tank tops or T-shirts
- Shorts / Sundresses
- Swimwear
- Light jacket or sweater
- Flip-Flops or Sandals
- Wide-brimmed hat
- Beach Towel
- Snorkeling Gear

